



## NOTIFICATION

This is for information of all concerned that MBB University is going to offer the following NSS Course as **Open Elective (OE) Course** for the **Second (2<sup>nd</sup>) Semester** Students of the **Department of Applied Mathematics, Department of Public Administration, Department of English and Department of Library & Information Science** with effect from the academic session 2020-2021.

| Course Code | Title of the Course                    | Credit | Full Marks |
|-------------|--|--------|------------|
| NSS-201OE   | National Service Scheme (NSS)-Advanced | 4      | 100        |

Students of **Second (2<sup>nd</sup>) Semester** of the **Department of Applied Mathematics, Department of Public Administration, the Department of English and the Department of Library & Information Science** who are willing to opt the above mentioned course as their **Open Elective Course** are requested to submit their application forms (as attached with this Notification) duly forwarded by the concerned Head/In-Charge of the Department within **May 07, 2021** to the undersigned. **From any department maximum 15 students can opt this above mentioned NSS Course as an Open Elective Course in Second Semester.** Copies of syllabus are also attached with this notification.

*Debadatta Adak*  
(Dr. Debadatta Adak) <sup>29/04/2021</sup>  
Assistant Professor  
& NSS Programme Officer  
MBB University

### Copy to:

1. The P.A. to the Vice-Chancellor, MBB University, Agartala for kind information to the Hon'ble Vice-Chancellor.
2. The P.A to the Registrar, MBB University for kind information.
3. The Controller of Examinations, MBB University for kind information.
4. The Head/In-Charge, Department of \_\_\_\_\_, MBB University.
5. Assistant Controller of Examinations, MBB University with a request to upload the Notification in the MBB University Website.
6. Notice Board, Academic/Administrative Block, MBB University, Agartala.
7. Guard File of this office.

*Debadatta Adak*  
(Dr. Debadatta Adak) <sup>29/04/2021</sup>  
NSS Programme Officer

# National Service Scheme (NSS)-Advanced

## Course Code: NSS-201OE

**Full Marks:** 100 (End Term: 70 [Theory: 40, Practical: 30] +  
Internal: 30[Theory: 15, Practical: 15])

### Credit-4

**Objectives:** The symbol for the NSS has been based on the giant Rath Wheel of the world-famous Konark Sun Temple (The Black Pagoda) situated in Odisha, India. The wheel portrays the cycle of creation, preservation and release. It signifies the movement in life across time and space, the symbol thus stands for continuity as well as change and implies the continuous striving of NSS for social change. The eight bars in the wheel represent 24 hours of a day. The red colour indicates that the volunteer is full of young blood that is lively, active, energetic and full of high spirit. The navy blue colour indicates the cosmos of which the NSS is tiny part, ready to contribute its share for the welfare of the mankind. It stands for continuity as well as change and implies the continuous striving of NSS. The programme aims to instilling the idea of social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. It also provides help in natural and man-made disasters by providing food, clothing and first aid to the disaster's victims.

#### Group-A: Theory

##### Unit-I: Introduction and basic Concepts:

History, philosophy, aims and objectives of NSS, Emblem, flag, motto, song badge etc., Organizational structure, roles and responsibilities of various NSS functionaries, Basis of adoption of village/slums, Methodology of conducting survey, Maintenance of the diary, Concept of regular activities, Special camping, Day camps, Indian tradition of volunteerism, Needs, Importance, Motivation and Constraints of volunteerism, Shramdan as a part of volunteerism.

##### Unit-II: Cognitive Youth Development:


Definition, profile of youth, categories of youth, Issues, challenges and opportunities for youth, Youth as an agent of social change, Meaning and types of leadership, Qualities of good leaders, traits of leadership, Importance and role of youth leadership, National Youth Policy, Healthy Lifestyles, HIV-AIDS, Drugs, Substance abuse, COVID-19, Home nursing, First Aid, Awareness against Anti-Ragging, Positive thinking, Self confidence and self esteem, Setting life goals and working to achieve them, Stress and Time management.

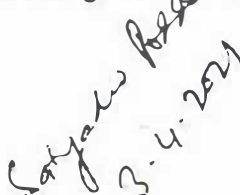
##### Unit-III: Society and Community Mobilization:

Concept of community and society, Mapping community stakeholders, Designing the message in the context of the problem and culture of the community, Identifying methods of mobilization, Youth-adult partnership, Human values, Gender sensitization, Human rights, Fundamental Rights and Duties, RTI, Cyber Crime and its prevention, Sociological and Psychological factors influencing Youth Crime, Basic features of constitution of India.

##### Unit-IV: Environmental Issues:

Environment conservation, Enrichment and Sustainability, Climate change, Waste management, Natural resource management (Rain water harvesting, energy conservation, waste land development, soil

  
Anshu  
21/4/21

  
Satyanshu  
3-4-2021

  
Debadatta  
03/04/2021

conservations and afforestation), Disaster Management, Classification of disasters, Role of youth in Disaster Management, Safe drinking water, water borne diseases and sanitation, Swachh Bharat Abhiyan.

**Unit-V: Youth and Yoga:**

India History, Philosophy and concept of Yoga, Myths and misconceptions about yoga, Different yoga traditions and their impacts, Yoga as a preventive, promotive and curative method, Yoga as a tool for healthy lifestyle.

**Group-B: Practical**

**Project Work:**

Project planning, Project implementation, Project monitoring, Project evaluation, Impact assessment, Collection and analysis of data, Preparation of reports/documentation, Dissemination of documents/reports.

**Field Work:**

Cleanliness Drive, Awareness Campaigns, Conducting surveys, Workshop/Seminars on personality development and improvement of communication skills etc.

\*\* Any other advancement in this field may be incorporated.

*[Signature]*  
3/4/21

Satyendra Prasad  
3-4-2021

Debadatta Adak  
03/04/2021

*[Signature]*  
03/04/2021



To  
**The NSS Programme Officer**  
Maharaja Bir Bikram University  
Agartala, Tripura

**Subject:** Prayer for allowing to opt

**Course Title:** National Service Scheme (NSS)-Advanced

**Course Code:** NSS - 2010E

as an **Open Elective Course**, regarding.

**Respected Sir,**

My name is: \_\_\_\_\_ . I am student of 2<sup>nd</sup>  
Semester in the Department of \_\_\_\_\_ . With  
reference to the following notification:

**Notification No:** F. 15(36)/MBBU/Acad/NSS Academic Activities/2021/ \_\_\_\_\_ ;

**Dated:** April \_\_\_\_\_, 2021,

I am requesting you to kindly allow me to opt the below mentioned course as an **Open Elective Course** offered by Maharaja Bir Bikram University.

**Course Title:** National Service Scheme (NSS)-Advanced

**Course Code:** NSS - 2010E

**Credit:** 04

Sincerely Yours,

**Name of the student:**

**Signature:**

**Examination Roll No:**

**Registration No:**

**Email Id:**

**Mobile No:**

**Whatsapp No:**